



MAJOR SURGERIES: MOHS EXCISIONS AND DONOR SITES



BANDAGE CARE – NEXT 48 HOURS



Your bandage is to stay on and dry for the next **48 hours**. After 48 hours, remove the bandage and wash area daily with **Hibiclens soap and water**.



Once cleansed, keep the area moist with **Vaseline** or **Polysporin** daily and keep covered with a light bandage.



Follow up if needed. Further instructions will be given at your **follow up appointment**.



SIGNS OF INFECTION – WATCH FOR:



Extreme redness, extreme swelling, red streaks, pus, hot to the touch, increase in pain or discomfort.



MEDICATION & SUBSTANCES



Consuming **alcohol, aspirin or products **containing aspirin** may cause excessive bleeding. Avoid smoking, public water and cosmetics while in the healing phase.



SCAR CARE RECOMMENDATIONS

Three to six months after surgery, we recommend scar creams that are over the counter. You may purchase these at your local grocery store or pharmacy:

- Mederma
- Scar Away
- Walgreens or CVS brand scar creams
- Natural Options: Coconut oil or vitamin E oil



If you have questions or concerns call our office anytime at **(361) 882-5560** and our medical staff will assist you.



REST & ACTIVITY

It is necessary for you to rest for the next **48 hours following your procedure.



Avoid physical activity and strenuous exercise for 2 days.



Please take **Tylenol** for pain if pain continues, alternate every 2 hours with **Ibuprofen**.



Avoid smoking, public water and cosmetics while in the healing phase.



Swelling and bruising in the area surrounding the surgical site is to be expected. Please **keep the head / surgical site elevated**.



FOLLOW UP & SKIN GRAFTS

Skin Grafts:



DO NOT REMOVE THE BANDAGE.

We will remove the bandage at your follow up appointment. Keep dry. Further instructions will be given at your surgical follow up if needed.



If signs of infection are present or if you have questions or concerns call our office anytime at **(361) 882-5560** and our medical staff will assist you.

Remember RICE:



R: Rest



I: Ice



C: Compression



E: Elevate

WE ARE HERE
TO HELP
YOU!

